



Hornsea School & Language College CAREERS PROGRAMME 2024/25 OVERVIEW

At HSLC we are committed to provide a structured careers programme to inspire, encourage and support all our students to fulfil their potential.

GATSBY BENCHMARKS:

The Gatsby Benchmarks are a framework of 8 guidelines that define the best careers provision in schools and colleges. The government's new Careers Strategy is built around these standards of 'best practice'. They are:

1. A stable careers programme
2. Learning from career and labour market information
3. Addressing the needs of each student
4. Linking curriculum learning to careers
5. Encounters with employers and employees
6. Experiences of workplaces
7. Encounters with Further and Higher Education
8. Personal Guidance

Further information on the Gatsby Benchmarks can be found at www.careersandenterprise.co.uk and

www.gatsby.org.uk

YEAR 7:

TERM:	ACTIVITY:	GATSBY BENCHMARKS
Autumn 2024	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3
Spring Term 2025	Life Studies workshops: Enterprise Project	2, 4, 5
	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3
	Life Studies: Rights & Responsibilities (covering equality, diversity, prejudice and stereotypes)	1, 3
	HSLC Careers Exhibition	2, 3, 4, 5, 7
Summer Term 2025	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3

YEAR 8:

TERM:	ACTIVITY:	GATSBY BENCHMARKS
Autumn 2024	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3
Spring Term 2025	Life Studies workshop: Labour Market Information & Unifrog launch	2, 3
	Life Studies workshops: Employability skills, personal reflection	1, 2, 5, 7
	HSLC Careers Exhibition	2, 3, 4, 5, 7
	Life Studies: Rights & Responsibilities (covering equality, diversity, prejudice and stereotypes)	1, 3
	Employer Insights Presentations as part of 'Prison Me, No Way'	2, 4, 5
	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3
	'Prison? Me? No way' Activity Day (extending the Rights & Responsibilities topic)	1, 3
Summer Term 2025	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3

YEAR 9:

TERM:	ACTIVITY:	GATSBY BENCHMARKS
Autumn 2024	Access to resources and careers support from the Careers & Life Studies Hub	1, 2, 3
	'Pathways & Careers' programme – bi-weekly sessions to support GCSE Options process	1, 2, 3, 5
Spring Term 2025	Life Studies workshop: 'Futures & Aspirations' (linked to GCSE options) & use of Unifrog	1, 2, 3, 4, 5
	FE College/T Level Assembly/ASK Apprenticeships	2, 7
	Y9 GCSE Options evening	1,2,3
	Life Studies workshop: Employability skills, personal reflection	1, 2, 5, 7
	HSLC Careers Exhibition	2, 3, 4, 5, 7
	Y9 Business Masterclass – activity day delivered by 'For Entrepreneurs Only' (TBC)	2, 3, 4, 5
	Life Studies: Rights & Responsibilities (covering equality, diversity, prejudice and stereotypes)	1, 3
	'Pathways & Careers' programme – bi-weekly sessions to support GCSE Options process	1, 2, 3, 5
Summer Term 2025	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3
	Royal Navy Activity Day	2, 5

YEAR 10:

TERM:	ACTIVITY:	GATSBY BENCHMARKS
Autumn 2024	Access to resources and careers support from the Careers & Life Studies Hub	1, 2, 3
	IAG support at parents' evening	8
Spring Term 2025	Life Studies workshop: Labour Market Information	2
	Work Experience launch assembly & Parents event	6
	HSLC Careers Exhibition	2, 3, 4, 5, 7
	Life Studies workshop: Employability skills, personal reflection	1, 2, 5, 7
	Life Studies: workshop of CV writing (all students to produce a cv on Unifrog)	1, 3
	Life Studies: Interviews skills workshop and mock interviews	1, 5
	Life Studies: Rights & Responsibilities (covering equality, diversity, prejudice and stereotypes)	1, 3
	One to One guidance to support work experience	8
	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3
Summer Term 2025	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3
	Life Studies: workshops to include work experience preparation (Health & Safety, communication and behaviours for the workplace)	1, 3, 5, 6
	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3
	Y10 Work Experience Week (7th-11th July 2025)	5,6

	Post 16 Options Evening (Apprenticeships/ T Levels/ FE College/ 6 th Form Info Event)	7
	One to One IAG appointments	8
	Business lunches throughout the year	2,3,5

YEAR 11:

TERM:	ACTIVITY:	GATSBY BENCHMARKS
Autumn 2024		
	Post 16 Options workshops and assemblies (access/links with local colleges, apprenticeship providers and the armed forces)	1, 3, 7
	Unifrog sessions in ICT (Life Studies)	2, 3, 7
	HSLC 6 th Form Open Evening	3
	IAG support at parents' evening	8
	Targeted IAG one to one support	8
	Targeted trips to employers and Apprenticeship fairs.	3, 4
Spring Term 2025	Life Studies workshop: Labour Market Information	2
	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3
	HSLC Careers Exhibition	2, 3, 4, 5, 7
	Life Studies workshop: Employability skills, personal reflection	1, 2, 5, 7
	Life Studies: Rights & Responsibilities (covering equality, prejudice and discrimination)	1, 3
	Apprenticeships workshops (including Higher Apprenticeships assembly)	1, 3
	IAG one to one support	8
	One to One guidance to support post 16 options (available to all students)	8
Summer Term 2025	IAG One to One guidance to support post 16 options	8

	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3
	Y11 Results day support (Post16 options/college applications)	3, 8
	Business lunches throughout the year	2,3,5

SIXTH FORM:

TERM:	ACTIVITY:	GATSBY BENCHMARKS
Autumn 2024	6 th Form Pathways Launch (Medicine/Healthcare careers, Law, STEM, Creative Arts, Teaching)	2, 3, 4, 5
	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3
	Y12 & Y13 Tutorials: Post 18 Options sessions (access/links with local colleges, apprenticeship providers)	1, 3, 7
	UCAS support (Y13)	2, 3, 7
	Y13 WOW Group support workshops - CV writing & Mock interviews)	2, 3, 5, 7
	IAG support at parents' evening	8
	IAG Personal Guidance appointments offered to Y13	3, 8
	Y13 Apprenticeships presentation	1, 3
	Business Lunches	2, 3, 5
Spring Term 2025	HSLC Careers Exhibition	2, 3, 4, 5, 7
	Y12 work experience launch assembly	3, 5
	Targeted IAG one to one support	8
	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3
	One to One guidance to support post 18 options (available to all students)	8
	Y13 UCAS support ongoing (including student finance, independent living)	3, 7

	Y13 WOW Group Mock Interviews/Workplace visits	2, 3, 5, 6
Summer Term 2025	One to One guidance to support post 18 options	8
	Access to resources and careers support from the Careers & Life Studies Hub	1,2,3
	Weekly careers drop-in sessions offered in Sixth Form	3, 8
	Y12 Futures Day – activity day with access to employers, FE colleges and universities – post 18 options focus	1, 3, 5, 7
	Y12 UCAS convention, Hull	7
	Y12 Oxbridge residential visit	7
	Y12 Work Experience	5, 6
	Y13 Results Day support	3, 8

Please contact HSLC's Careers Leader: Nichola Ashton ashtonn@hslc.co.uk for further details on our careers programme